

WEEKLY CURL ROUTINE - 2C CURLS | LOW POROSITY | FLOW STYLE

GOALS:

- Soft, touchable curl definition
- Minimal buildup
- Natural movement with hold
- Easy refresh between washes

PRODUCTS YOU'LL USE:

- Camille Rose Curl Maker - 2-3 pumps or pea-sized blobs (Styler)
- Curlsmith Air Dry Cream - pea-sized amount (Leave-in)
- Aunt Jackie's Curl Mane-tenance - 1/2 pea-sized on ends (Occasional moisture)
- Umberto Giannini Boho Beach Waves - 2-3 mists (Texture spray)
- Murdock Hair Play - fingertip amount (Finisher)
- Tools: Denman brush, vented brush, microfiber towel

DAY 1 - WASH & STYLE:

1. Shampoo + conditioner as usual
2. Towel dry gently with microfiber or T-shirt
3. Apply pea-sized Curlsmith Air Dry Cream to damp hair (mid to ends)
4. Scrunch in 2-3 pumps of Camille Rose Curl Maker
5. Optional: Use Denman brush to define sections, then scrunch
6. Air dry or diffuse (tilt head back for volume and movement)
7. Optional: Shape with fingertip of Murdock Hair Play or 1-2 mists of Boho Spray

DAY 2 - REFRESH:

1. Mist hair lightly with water

2. Optional: Apply 1 pump of Curl Maker to revive curls
3. Optional: Use 1-2 mists of Boho Spray for texture
4. Optional: Use fingertip of Murdock Hair Play to shape fringe

DAY 3 - FLOW DAY OR LIGHT REFRESH:

1. Leave hair mostly alone unless flat
2. Optional: Mist with water + scrunch
3. Optional: Add 1/2 pump Curl Maker or Boho Spray
4. Optional: Shape with hands or finger twist sections

DAY 4/5 - RESET OR REST DAY:

1. Wear curls up or under a cap/hat
2. Optional: Co-wash and repeat Day 1 if curls are too frizzy or flat
3. Clarify if hair feels heavy or curls lose bounce

WEEKLY CLARIFYING TIP:

- Use a clarifying shampoo every 7-10 days to remove buildup and reset curl pattern.

TRAVEL ROUTINE (3-PRODUCT VERSION):

1. Camille Rose Curl Maker - 2-3 pumps (One-and-done styler)
2. Boho Beach Spray - 2-3 sprays on dry hair for volume and texture
3. Murdock Hair Play - fingertip amount to shape or tame ends