

The Simple Thing

by Melina Brell

It is not a scarf, it is not a shawl, it is just a simple little knitted thing in-between that can be easily knitted from one to infinite skeins of yarn.

Sample Sizes: 140 cm x 24 cm sample, washed and blocked

Yarn weight and usage:
One skein, DK weight (e.g. 225m/100g)

Sample shawl:
One skein Heathland Knits BFL 225m/100g in „Blue Tourmaline“

Needles: US 7 / 4.5 mm circular knitting needles 60 cm

Gauge (10x10 cm): 24 stitches and 28 rows = 4" x 4" / 10 x 10 cm in Garter stitch; washed and blocked.

Accessories:
Darning needle, progress keeper

Abbreviations:

RS / WS	right side / wrong side
LHN	Left hand needle
RHN	Right hand needle
st/sts	stitch / stitches
k	knit stitch
puk	pick up and knit
k2tog	knit 2 sts together
tbl	through back loop.
m1R	Make one right: with LHN pick up the strand between last st and next st bringing the needle from back to front; insert RHN knit-wise into the front leg of the strand; knit strand; 1 st increased
sl x wyf	slip x stitches with yarn in front
m	stitch marker



General Notes:

This small scarf-like shawl is worked sideways in rows starting and ending at a narrow tip. The shawl is worked in Garter stitch. Needed skills are therefore basically knitting a stitch, knitting two stitches together, and slipping stitches. The edges are worked as i-cords.

The shawl can be made from only one skein of yarn. The pattern allows for easy adaptation to knit it longer, shorter, wider or narrower from any desired amount of yarn.

INSTRUCTIONS

Setup

Cast on 3 sts

- 1: k3 and slip sts back on the LHN
- 2: repeat last line once more for mini i-cord
- 3: k3, puk 3 sts along the i-cord, turn (6 sts)
- 4: puk 3 sts along co-edge, k3, sl3 wyif (9 sts)

(→ Video: <https://youtu.be/b6S-7X6z1WM>)

Increase

- Row 1 (RS): k to last 3 sts, m1R, sl3 wyif (+1st)
Row 2, 3, 4: k to last 3 sts, sl3 wyif

Repeat the four rows until half of the yarn is used. Then start to decrease.

To keep track of when to increase, mark the beginning of the last increase row with a progress keeper (see photo).

Decrease

- Row 1 (RS): k to last 5 sts, k2tog, sl3 wyif (-1st)
Row 2, 3, 4: k to last 3 sts, sl3 wyif

Repeat the four rows until 9 sts are left.

To keep track of when to decrease, mark the beginning of the last decrease row with a progress keeper (see photo).

Bind off

Bind off is done on a RS row.

- K2, k2tog tbl, slip 3 sts back on LHN (8 sts)
K2, k2tog tbl, slip 3 sts back on LHN (7 sts)
K2, k2tog tbl (3 sts on LHN, 3 sts on RHN)

Graft last 6 sts together using Kitchener Stitch (→ Video: <https://youtu.be/CJiUMEMo9SM>).

FINISHING:

Sew in loose threads from beginning and end. The shawl is still contracted in itself after knitting. Therefore, it is recommended to wash the shawl. Then block it or let it dry lying flat.

INDIVIDUALIZATION:

The shawl can easily be adapted in shape. For a longer, narrower shawl, try increasing and decreasing only every six (or more) rows. For a wider but shorter shawl, try increasing and decreasing every two rows. For the latter, I recommend to use more yarn. Otherwise the shawl might become too short and not wearable.

Just keep in mind three general rules:

1. Increase / decrease always on a RS row.
2. For symmetry have the same repetition for increase and decrease.
3. Measure your yarn usage and begin the decrease after half (or a bit less) is used.

I hope the knitting was fun and wearing the shawl will bring much joy!



Meet the Designer

Hi, I am Mel!

Thank you for purchasing the pattern. You are supporting me as an independent designer. That means a lot to me.

I do really like to knit – it is calming me down – and as a former computer scientist, knitting is to me like an algorithm that you can touch. I am a self-educated knitter. I learned a lot by browsing the world wide web and knitting other designers' pattern. My page and my designs are my way to hopefully inspire the next generation of knitters.



Pattern support and finished objects

I do my utmost best to proof-read and test my patterns. In case assistance is needed with the pattern or if there are any questions about the pattern please do not hesitate to contact me. The best way is to write an email to artist@heathlandknits.com.

If you don't have access to Ravelry, some of my patterns are also available on Etsy.

Once you've purchased the pattern, you are allowed to do a lot with the finished items knitted from the pattern, you can knit as many as you want for personal use, you can give them as gifts to family and friends, you can donate them to charity, and you can even sell a limited amount to close friends. If you would like to sell finished items on your Etsy page or in an online store, please contact me.

Social media

Please share both your progress and your finished objects on Ravelry and Instagram with the hashtag #TheSimpleThingShawl and @heathlandknits.

One of the best things for a designer is to see how other knitters interpret my tutorials and implement them in their personal style. I will try to share these posts in my stories as well.



@heathlandknits