



7 Steps To Write A Book In 30 Days

Here's how to organize your ideas to write **a 60,000-word book** 10x faster:

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honest retellings of teenage puberty, witty in its commentary on rich suburban life, and thought provoking in a way that questions the meaning behind success and happiness. This true story draws parallels between sports, music, and video games—and shows how, at the core, they teach many of the same lessons. With a successful spine surgeon for a father, a music teacher for a mother, and a house full of driven, high-
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For context:

I began writing my first book, "*Confessions of a Teenage Gamer*," in 2012:

- Redrafted 5 times
- Thousands of words never used
- Still the book I'm the most proud of (out of 10)

But if I knew this 7-step framework sooner, I could have written my first book 10x faster:

Disclaimer:

 This only works for content where you are already the expert or speaking from personal experience.

If you are researching a NEW topic/something you know nothing about, then it will take longer.

But once you HAVE the information, you can write fast.

Here's how:



Step 1: Name The House

A great book is not a bunch of words.

A great book is an idea that walks the reader's thinking FROM where they currently are TO somewhere new & different.

To give your book direction, write your title first.

Step 2: Draw The Floor Plan

60K

Words

A "book" is typically around
60,000 words.

12

Chapters

Divide this into 12 chapters

5K

Words per chapter

1 chapter = 5,000 words

This is just a long-form blog
post

This is not so difficult to write in 2-3 days.

Step 3: Title The Rooms

It's helpful to know what each room contains, right?

So, name your chapters:

- Big Idea #1
- Big Idea #2
- Big Idea #3
- Etc.

Think of each chapter as a different "bucket" of information.



Step 4: Fill The Rooms With Furniture

This is everything you want to "say" in a chapter.

But broken up into 5-6 Main Points:

- **Main Point #1**
- **Main Point #2**
- **Main Point #3**
- **Etc.**

A 5,000-word chapter is now five 1,000-word sections.

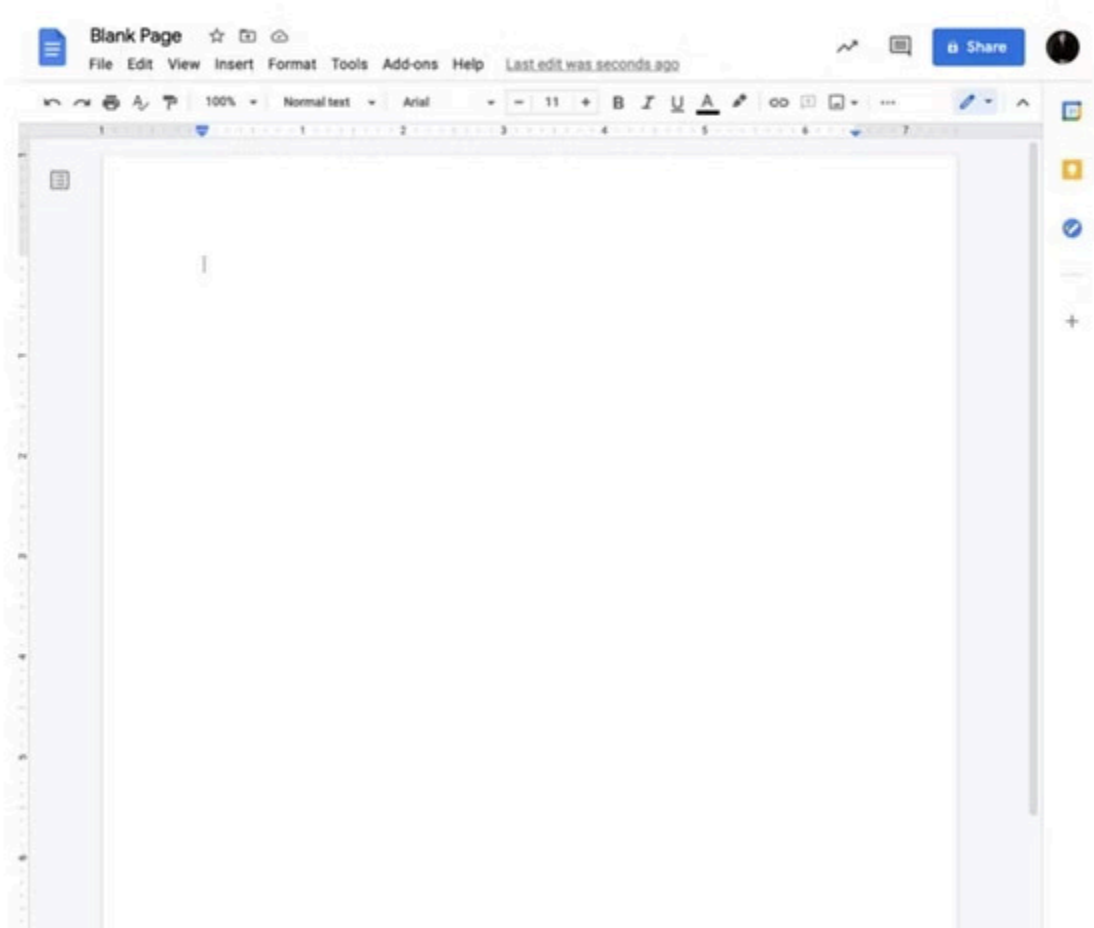
Step 5: Organize Each Room

At this point, you know what you want to say.

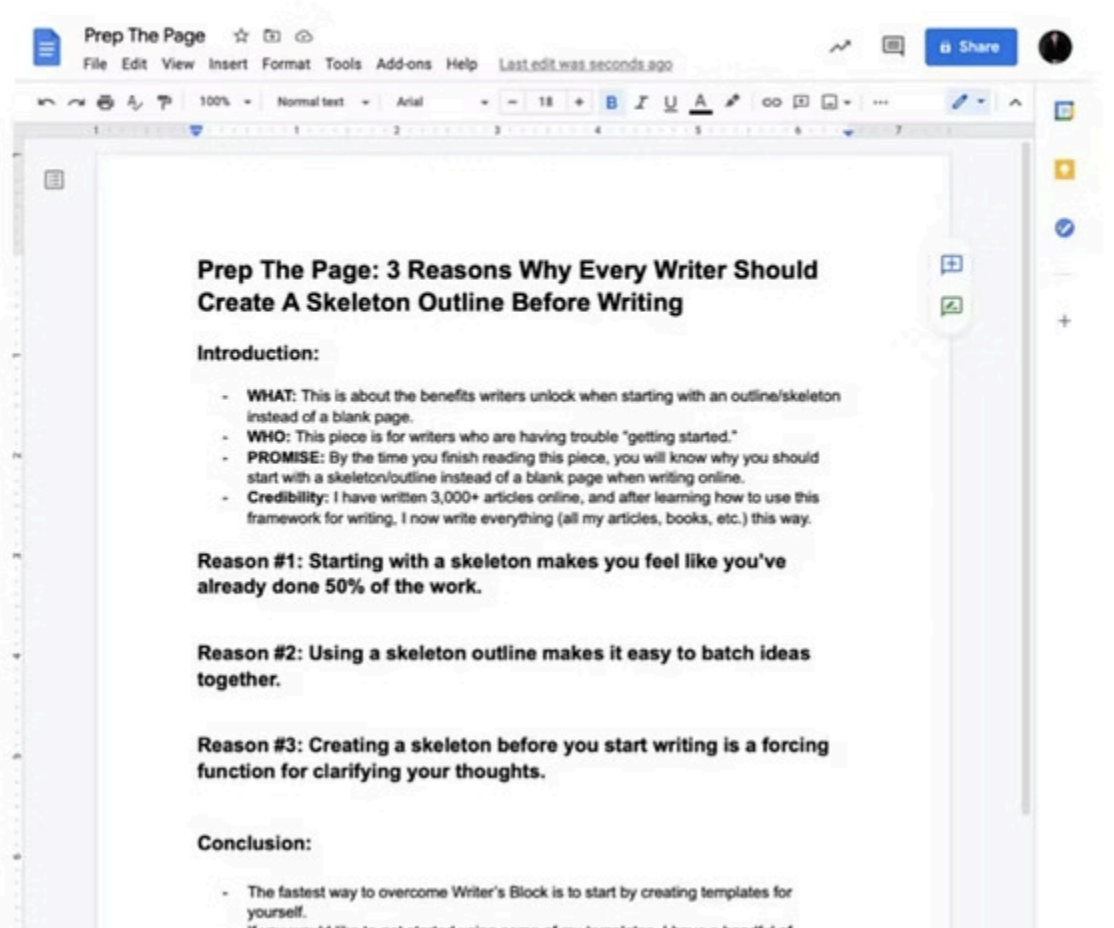
But not the order you *actually* want to say it.

- 1 — Which Main Point comes 1st?
- 2 — Which Main Point comes 2nd?
- 3 — Which Main Point comes 3rd?
- 4 — Etc.

Blank Page



Prep The Page



Prepping The Page

To do this, I use a technique called Prepping The Page.

Let's assume 4 sub-points per Main Point:

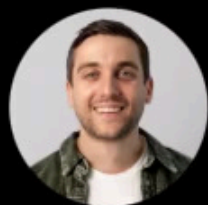
- 1,000 words per "Main Point" = 250 words per sub-point
- That's 4 Atomic Essays per section
- Or 20 Atomic Essays per chapter

Easy.

Step 6: Decorate The Rooms

Now, all you have to do is expand each Main Point.

And the easiest way is to use any of the 10 Magical Ways:



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10 Magical Ways you can expand
literally any piece of writing:

- Tips
- Stats
- Steps
- Lessons
- Benefits
- Reasons
- Mistakes
- Examples
- Questions
- Personal Stories



Step 7: Clean The Rooms

The last mile is:

- **Removing rambling**
- **Compressing subpoints/stories**
- **Cleaning up sentences & grammar**
- **Deleting similar points made multiple times**
- **Etc.**

Simple.

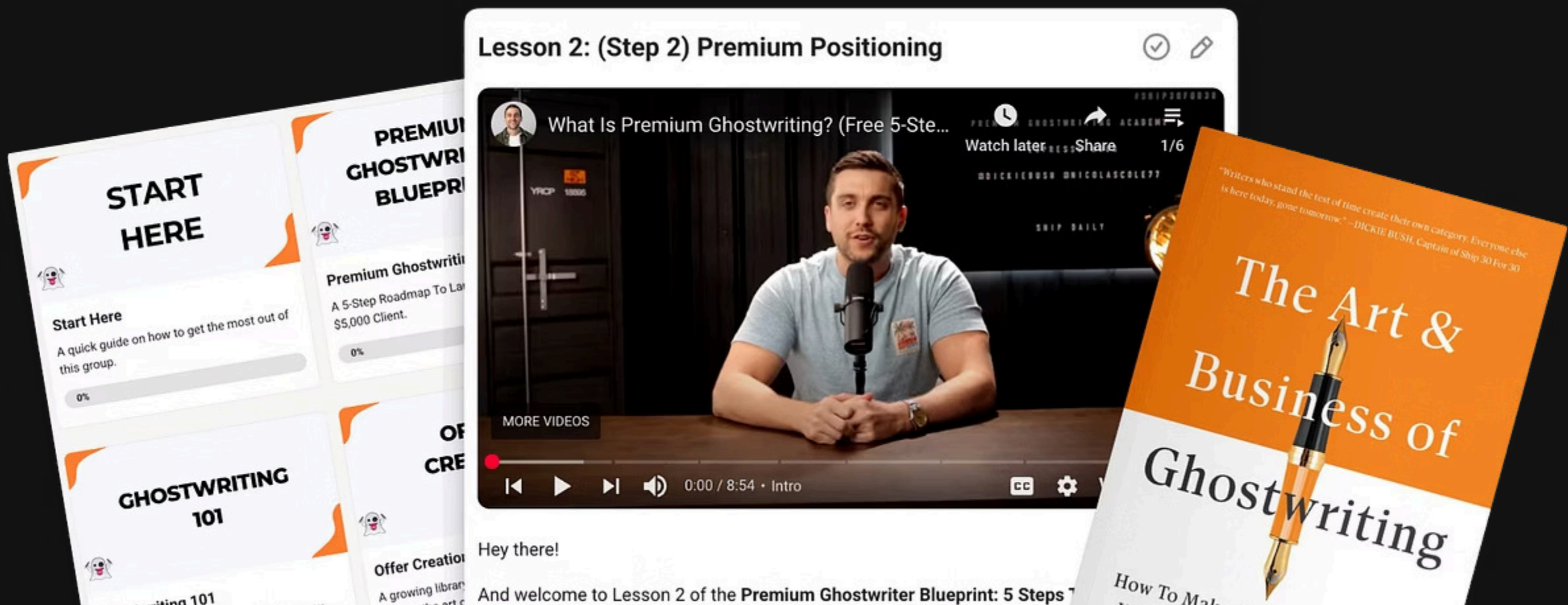


The Real Work Is The Thinking Around The Book

85% of the work in writing a book is not really the writing itself.

- It's the thinking.
- And then organizing the thinking.
- "The writing" is the last mile of stylistic edits.

But no amount of stylistic edits can take the place of writing with poor thinking.



Want a lucrative writing side hustle WHILE working on your book?

Then become a ghostwriter (this is what I did):

Land high-paying clients

Get paid to practice your writing

Build your network with industry leaders

Click the link in this post for **a free, 5-day email course** showing you how.