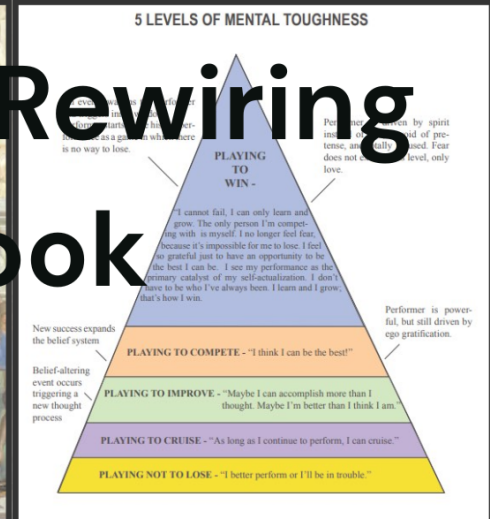




The Mindset Rewiring Workbook



 **Landshark** 
@LandsharkRides

It's good to always remember that even if we are playing against a cabal of unimaginably powerful opponents with endless wealth and influence, our enemies are playing against God

17:58 · 6/16/20 · Twitter Web App

What is this all about?

1. Blueprint for winning.
2. Daily reminder of who you are and what it takes to win.
3. Daily reminder of your big vision.
4. Proof that you can become who you want to be.
5. A practical method to eliminate negative self-beliefs about yourself and your persona.
6. A tool that will help you form a clear vision of where you are now and where you want to go in the future.
7. Something that will keep you accountable.¹
8. Provide you with a perspective on who you really are and what matters to you. It has never been easier to get lost in the noise around you.
9. It serves as guidance for you to figure out what you want out of life.
10. Understanding how you see the world and whether something is an opportunity or a disadvantage depends on your personal beliefs.
11. This should help you spark your imagination and cognitive abilities, as well as connect you with your inner self.
12. Reprogram your mind and remove negative beliefs about yourself.

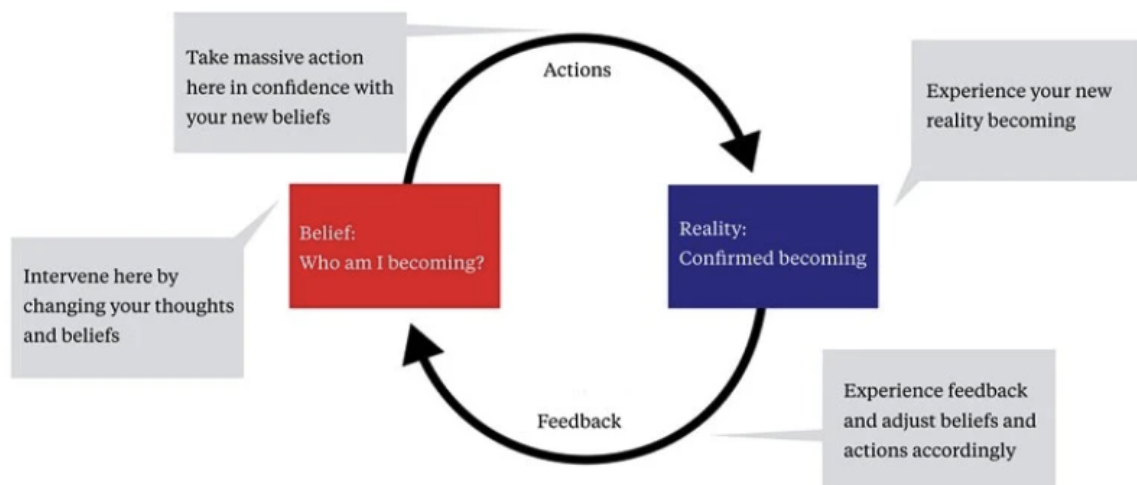
Everything you have known about yourself until this point doesn't matter anymore. It is time to recreate yourself based on the vision of the future you see for yourself.

¹ [BOSS LETTER - BeautyOfSaaS Newsletter](#)

Instructions

1. Print this out. This is where most of the game will happen, and this is something you want to do to get the maximum results. Why? Because you want to complete this with your hand.
2. Take 2 hours of your time to go through everything and think about it. Don't rush it.
3. Read this each morning when you wake up. It should take no more than 5 minutes. Want to take it to the next level? Read it aloud.
4. You want to reprint this every quarter, update it with new goals and a set of beliefs. That is all it takes. The less friction = the better. One way to see this is as part of a cycle. One cycle = 3 months. Minimally, you want to run this for at least 6 months (2 cycles) to see the benefits.

Daily Ritual



Shoutout to the one and only Sam Ovens.

This Won't Work If...

- 1. You are not 100% committed and don't give yourself enough time to go through this every day. #1 You should ensure you have this at least once per day in your hands.*
- 2. You don't believe you can change your entire life in 180 days.*
- 3. You believe the things you have written out for yourself are not the truth in the first place.*
- 4. You don't follow the written instructions we made for you.*
- 5. You don't find people who inspire you (mentors).*
- 6. You don't know what you want out of your future and life.*
- 7. You are too lazy to do this every morning.*
- 8. You are too lazy to write everything by hand (This is the key).*
- 9. You are limiting yourself or believing that mental models are a waste of time.*
- 10. You believe someone is working against you - realize you are your own biggest enemy.*

How To Get The Most Out Of This

- Understand that this is not an easy thing to pull off. What you want to do every day is remind yourself of what this is all about and what you want to achieve in your life.
- Start every day looking into this and reading what you have written for yourself. Your goals, vision, and gratitude. The key is to bring yourself to the position where it will come naturally and not something you will have to think about.
- Begin visualizing yourself and imagine a scenario relevant to what you have written down. You want to associate as much as possible when it comes to positive emotions with your future and the vision.
- Knowing what you want from the future and what your goals are is half the game. The other part is relentless execution and maintaining a positive mental outlook on the whole situation.
- Focus on building momentum. Grab a piece of paper and a pen, and start writing the things you will accomplish during your day. Don't plan the months. Plan the day or a maximum of a week in advance. The goal for you is to check off as many items as possible from your list. What you will notice with time is how refreshing it will make you feel and provide you with the optimistic feeling (the real way to build out the momentum)
- Identify the figures, mentors, and people who inspire you. What are they doing differently from you? What can you learn from them? What strategies could you implement that could have an impact on your life?
- For those who want to take this to another level and reprogram themselves completely. Go over everything one more time before sleeping. That is why you want to have a printed-out version and something that won't distract you.
- Understand the momentum-building and what it is all about... You will need it.

Who Inspires You?

We are starting the list with those who inspire you, as this will help us shape your vision better. Make you sharper. Pick 3 - 5 individuals you find fascinating and explain in a few sentences what makes them stand out from the rest and make them unique for you.

List:

- 1.
- 2.
- 3.
- 4.
- 5.

1.

2.

3.

4.

5.

Maximum 5 sentences per individual

You are the average of the people you associate with most. - Tim Ferris

Your Story?

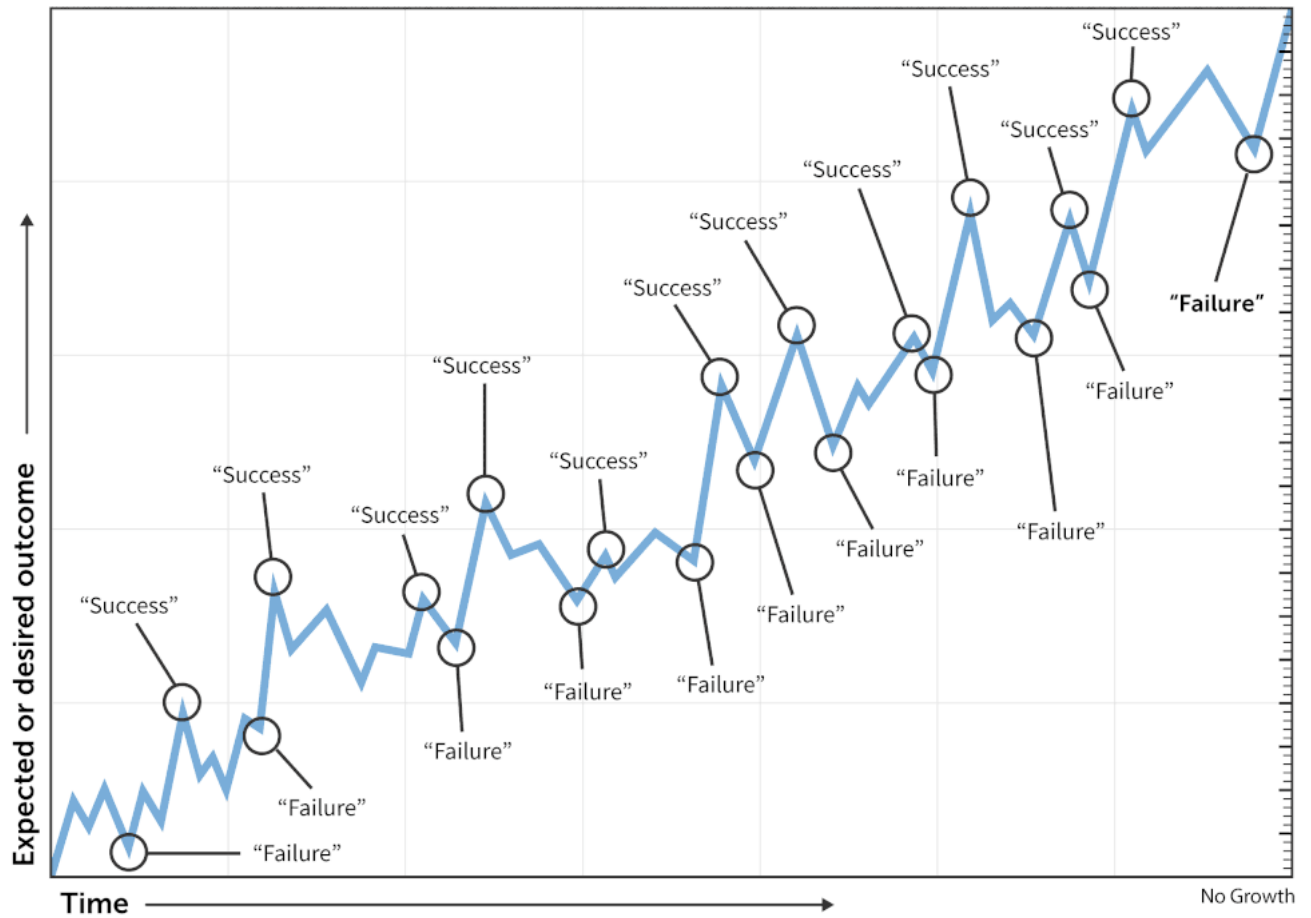
Minimum 10 sentences about yourself and who you are.

Your Future: Vision of Who You Will Become

Take at least 30 minutes and think about it.

Minimum 10 sentences about yourself and who you will become.

You and Your Goals



Health

- 1.
- 2.
- 3.
- 4.

Personal (Misc)

- 1.
- 2.
- 3.
- 4.

What are my standards?

- 1.
- 2.
- 3.
- 4.
- 5.

Do your goals align with your dream life? If not. Rewrite this. Your dream life needs to be supported by your goals. One builds another. This is something you should think about and look for the pattern because there is one.

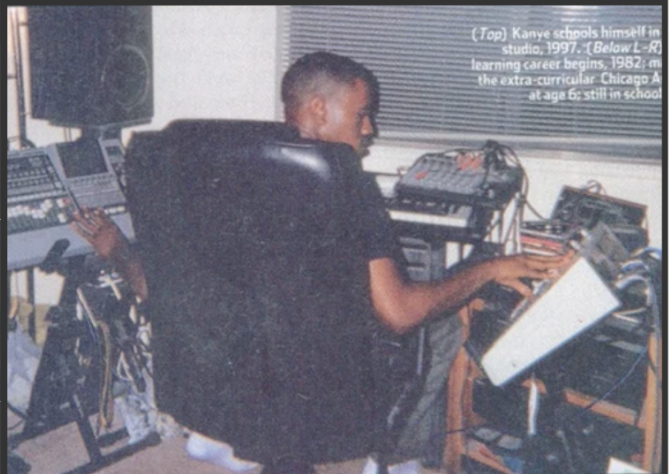
Building Momentum

1. A piece of paper and a pen. Pocket notebooks are the ultimate choice for this, and something you should consider.
2. List all the activities and tasks you plan to do throughout your day.
3. As soon as you finish one of the activities (tasks) you have planned from the list. You want to cross it off ASAP.
4. As the day progresses, you will keep adding items to the list and all the stuff you have not managed to do. You will copy it over to the next day.
5. Repeat.

If you are someone who struggles with momentum and putting things into action. Even those small acts of you doing something, such as making your bed or washing dishes should be on your list. The goal is to get started and keep the momentum going. The more difficulty you have with this, the smaller the tasks you want to have on your list.

This is the most basic and most superior way to build momentum. There is something powerful about crossing off tasks you have given yourself and seeing your progress in real time. It tricks your dopamine system into keeping you high on your own supplies (your work). Forcing yourself to operate in the present moment.

Something is done? You are crossing it off. Something new needs to be done? You are adding it to the list. Something left undone because you didn't have time, or something else came up? You are doing it tomorrow. This system is much better than managing everything on your computer and printing it out or using an Excel sheet. Just one pen and a pocket notebook (or any paper) are more than enough.



(Top) Kanye schools himself in studio, 1997. (Below L-R) learning career begins, 1982; in the extra-curricular Chicago A at age 6; still in school



E-go 
@EgoDriv

Your problems don't really exist, you're probably just overdramatizing everything. Those who lack purpose will see the end of the world in every obstacle they face. Those who know what they want from life will simply ignore whatever doesn't get them closer to their goals.

What Is Holding Me Back And Why?

Give yourself a reason why you can't change it. Why have you not changed it until now. The best part is that once you write down why you can't change it. It is going to start looking laughable. To the point that your brain will start looking for alternative ways to get over this. It doesn't necessarily have to be something you are 100% sure is the right thing. But something that, deep down you know has been on your mind.

1. The thing that is holding me back is ...

Answer:

Why can't I change that?

Answer:

2. The thing that is holding me back is ...

Answer:

Why can't I change that?

Answer:

3. The thing that is holding me back is ...

Answer:

Why can't I change that?

Answer:

On Fear...

Fear is a demon that devours the soul of an agency: it diminishes the quality of our imagination, it dulls our appetite for adventure, it sucks away our youth.

Fear leads to self-doubt, which is the worst enemy of creativity.

If fear is our principal adversary, then, courage is our chief ally. It is the first of the eight creative habits for good reason: it is the habit that guarantees all the others.

In the absence of courage, nothing worthwhile can be accomplished.

What Are You Grateful For In Life?

Ten things you are grateful for in your life RIGHT NOW.

1.

2.

3.

4.

5.

6.

7.

8.

9.

10.

What you think, you create. What you feel, you attract.

Future Programming & Affirmations

To get the most out of this, you need to develop your own set of beliefs. If you are not yet able to do so... This is a good starting point.

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Future Programming & Affirmations

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Future Programming & Affirmations

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Leaving you with a quote from no one else but Felix Dennis.

After a lifetime of making money and observing better men and women than I fall by the wayside, I am convinced that fear of failing in the eyes of the world is the single biggest impediment to amassing wealth. Trust me on this.

- Felix Dennis



Chris
@Wealthyman888

X

Replying to @monetizationwiz and @thebeautyofsaas

Every endeavour I have always set my aims for the stars and on 1 of many I have landed but on the majority I have ended up on the moon which is still far ahead of competitors. There's a lesson in there

12:36 PM · Aug 18, 2024

Pirate, opportunist, and patron of the arts







Noah Ryan ✓
@NoahRyanCo

I'm pro spending money on yourself. Whatever brings you joy

But most people who spend do so for others. They buy the car other people like. The clothes other people find fitting. Always for somebody else.

Their decisions are so predicated on others that they no longer know what they like.

Find what brings you joy and spend money on it. But always ask yourself "why am I buying this? Is it for me or somebody else?"

This is a trap. And a sticky one. Smart and successful people get stuck and some never get out. Avoid at all costs



Co-Signed



Because That was some Real shit you just said

Thinking deeply, stand by...

Consulting.com



